



Dear Members,

Great meeting last month at our new venue and we had over 100 in attendance which created a terrific atmosphere, a few wee settling in problems - "Mike" not being tuned in!!!! but all can be resolved.

The downstairs bar is exclusive to LEBA Members from 10.30 till 3.00pm but we still had about 40 members there at 3.00 so they went to the upstairs bar, and some were still there till 7.30 in the evening, so I think we can say our new venue got the "Seal of Approval".

In Bob's "Round and About" report he listed some of the comments from members, guests and the bar staff – all very complimentary and we thank manager Jan and her team at the Penderel's Oak for making us so welcome.

In this months Seconds Out we have some very good reports from Stephen Powell on our oldest member Peter Kent being presented with the Veterans Torch by our Prime Minister. Excellent report on the Fury Usyk Fight by Michael Lordan, and of course the man that keeps all the members in touch every month with his report our Chairman Bob Cheeseman.

On the back page we have paid tribute to one of London's best fighters of the 70's/80's Ray Cattouse who sadly passed away peacefully in a Nursing home in Brighton on the 15th of May. I had sent him down the books from the Manor Place Baths and Shoreditch Reunions supplied by Tommy Burling as he was mentioned in them, and his partner Shirley said it really cheered him up but was really delighted with the signed photograph from John Conteh wishing him well and was showing it to all the staff.

Looking forward to seeing you all at our new "Home" where for sure it is "Nice to Belong".
Take Care and God Bless,

Ray

LEBA Secretary/Treasurer

LEBA Website
www.londonexboxers.org.uk

The LONDON EX-BOXERS ASSOCIATION AIMS and OBJECTIVES

- ◆ To have a Meeting Place for Ex-Boxers and LEBA Members to meet monthly in London
- ◆ To Help London Ex-Boxers and LEBA Members in need and with their well being
- ◆ To raise funds to finance the Association and help our Members

to Apply for Membership contact our Membership Secretary
Kirsty Nisbet Tel 07415 882 592 E-Mail - knisbet@londonexboxers.org.uk

Why not come along to one of our Sunday Meetings held on the first Sunday of every month 11.00 - 12.00 Official Meeting (12 - 2.00 Social Meeting) at

Penderel's Oak

283 – 288 High Holborn, London, WC1V 7HP
(5 minutes' walk from Holborn Tube Station)

Free Parking in Lincoln Inn's Field WC2A 3TL (4 minutes' walk away)

All Ex-Boxers (Pro or Amateur) and Boxing Fans - Will be made Welcome Where
"It's Nice To Belong"

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Members enjoying LEBA's New Venue



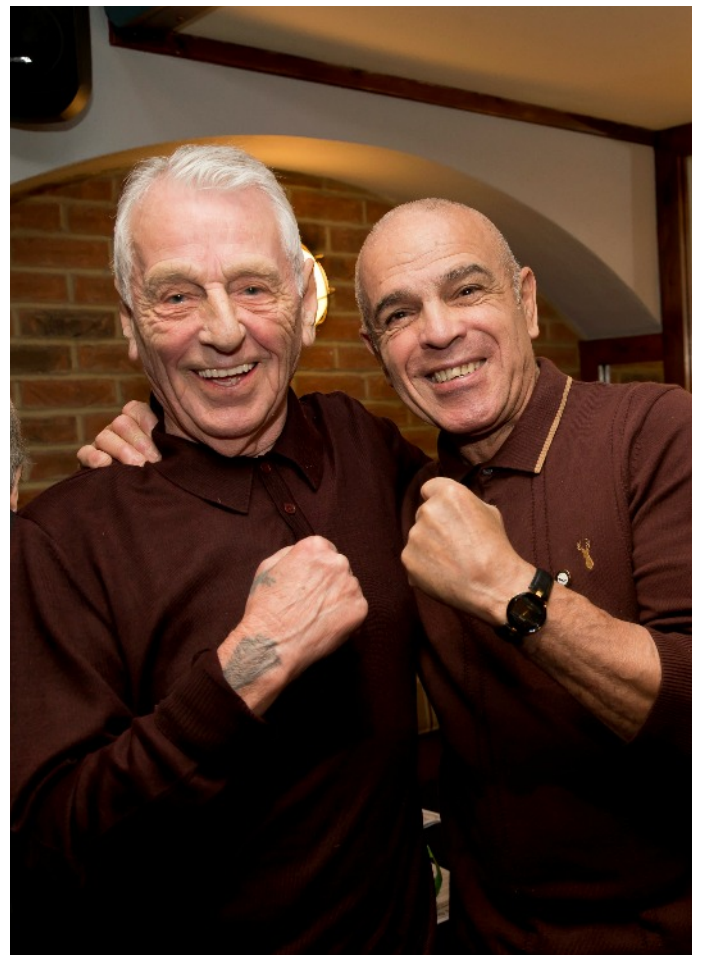
Photographs by LEBA's Official Photographer - Dean Fardell

Members enjoying LEBA's New Venue



LEBA Members Steve Williams and Tony Bollom enjoying a "Penderel's Oak breakfast"

Members enjoying LEBA's New Venue



Photographs by LEBA's Official Photographer - Dean Fardell

Clash of Titans Fury vs Usyk



The Battle for Undisputed Heavyweight Glory

On Saturday May 18th 2024, The Kingdom Arena in Riyadh, Saudi Arabia became the epicentre of the boxing world, hosting the first undisputed heavyweight world title fight in 25 years, the last being between Lennox Lewis and Evander Holyfield in Las Vegas in 1999. Forward twenty five years, this historic bout featured two undefeated titans, Tyson Fury from the UK with a record of 34-0-1, and Oleksandr Usyk from Ukraine standing at 21-0-0. For the first time in history, all four major heavyweight belts were on the line, adding an extra layer of anticipation and prestige to the event.

The build-up to the fight was intense, with both camps fiercely advocating for their fighters. As fight time approached, the atmosphere in the packed Kingdom Arena was electric, with celebrities and fans alike waiting with bated breath. The entrances of the boxers only heightened the excitement, setting the stage for an unforgettable night.

The bout began with Fury showcasing his trademark showboating, but Usyk managed to steal the first round with three solid shots in the last twenty seconds. The early rounds were closely contested, with both fighters demonstrating their exceptional ring craft. However, it was Fury who started to gain momentum in the mid rounds, particularly in round six. Fury's powerful body shots and a beautiful uppercut had Usyk in trouble, signaling a potential turning point in the fight.

But Usyk, known for his resilience and supreme fitness, began to turn the tide by round eight. Round nine was a spectacular display of Usyk's skill, as he had Fury reeling with a barrage of punches from all angles. Referee Mark Nelson gave Fury a standing ten count and the end of the round came as a welcome relief for Fury.

Fury managed to regain his composure, and while he fought valiantly, it was clear that Usyk was now in control. Despite Fury's spirited effort in the final round, the judges awarded Usyk a split decision victory. This win crowned Usyk as the new undisputed heavyweight champion of the world, making him only the second boxer in history to hold undisputed titles in both the cruiserweight and heavyweight divisions, alongside Evander Holyfield.

Adding to the historical significance, Usyk shares his birthday, January 17th, with Muhammad Ali, arguably the greatest boxer of all time. This coincidence fuels the debate about Usyk's place among boxing's elite, with many believing he is right up there with the greatest.

The boxing world now eagerly awaits the potential rematch, although it won't be for the undisputed title as Usyk is set to be stripped of his IBF belt. The overdue mandatory challenger, Filip Hrgovic, is set to face Daniel Dubois for the IBF title back in the Kingdom Arena in Riyadh on June 1st. This upcoming bout promises to add another exciting chapter to the heavyweight division.

In conclusion, the Fury vs Usyk fight was a magnificent contest between two masters of the ring, showcasing the very best of heavyweight boxing. Usyk's victory not only secured his legacy but also set the stage for future dramatic encounters within the heavyweight division.



Usyk and Fury trading punches

PM HANDS OVER THE “TORCH OF COMMEMORATION” TO D-DAY VETERAN

Prime Minister Rishi Sunak began the commemorations for the 80th anniversary of D-Day as he handed the Commonwealth War Graves Commission's torch of commemoration to Naval D-Day veteran and LEBA member, Peter Kent. The ceremony took place on Tuesday 14th May at Horse Guards gate in Whitehall, London.

Mr Sunak was handed the torch, by the Commonwealth War Graves Commission's (CWGC) director general Claire Horton, before passing it on to, 99-year-old Peter, in order for the torch to travel to many capital cities, key War Cemeteries, and memorials around the UK before crossing the channel with veterans for the official commemorations on June 6th in Normandy, France. The CWGC torch relay is intended to visually symbolise the passing down of the D-Day message through the generations with British Soldiers, Sailors, Household Division Horse guards & Horses, also many Cadets and CWGC volunteers attending the ceremony.



■ Rishi Sunak hands the Commonwealth War Graves Commission's torch of commemoration to navy seaman D-Day veteran Peter Kent,

This torch will take centre stage in the CWGC's lighting up of more than 25,000 Commonwealth War Graves this summer.

Peter Kent has returned on many occasions, to past commemorations in France. He was a young 18yr old RN rating, in June 1944, his ship was part of the flotilla transporting soldiers, equipment and the construction of the 'Mulberry Harbour'. He has been one of many WW2 veterans that have been transported to the former battlefields by The London Taxi Charity for War Veterans annually. A volunteer fleet of London Cabbies drive the Vets and families from London to the town of Aramanche in Normandy, (all expenses picked up by the charity), for memorial events and visits to the War Grave Cemeteries, in honour of comrades who did not return. Another LEBA member and D-Day Veteran who hopes to make it over to France again for the 80th commemorations is 99-year-old Richard "Dicky" Forester, although both he and Peter's trip will be guided by health and age related problems, but, knowing these two stalwarts, they will give it their best shot.

All at LEBA wish them the best of luck and hope they make it, God Bless them!

Peter Kent 99 years young and LEBA Member for over 50 years



Peter when he joined the Royal Navy



Peter with his wife Rene of 58 years



*Peter celebrating his 99th Birthday
at the Union Jack Club*



*Peter with his son Stephen at Horse Guards Parade
waiting for Rishi Sunak*



*Peter about to receive the Ceremonial Torch
from Rishi Sunak*

Round and About for May 2024

by Bob Cheeseman

Of course, the start to the month was our first ever meeting at The Penderells Oak, being honest it was better than I expected, a few teething problems but nothing major and we are moving forward, the place was full and the comments and praise made it all worthwhile.

Thank you all for making this day go so well and one that we will want to remember, "I was there".

Tea, coffee, breakfast, beer, and lunch all under one roof and the staff were brilliant. Zara behind the bar complimented by saying that "she has never served so many men who were so polite" how about that.... that's us... all gents.

George Sawyer said how great the new venue was as did many others, he said the atmosphere was perfect and just the right size, thank you George, there were many more compliments, a great day and Goerge was spot on.

Things can only get better people, so teething problems will be sorted soon.



George Sawyer



Meet some of the fellas...Peter, George, Denis and George.

Now what about our eldest member... the pride of LEBA and the country. We sang him happy birthday at the last meeting in appreciation of his 99th birthday and here's a picture of him sitting with his cake at the care home where you can bet he had a great day. And then at this weekend's celebrations of the D Day Landings he received at St James Palace the celebration torch, its first stage of the journey on its way to the French beaches where Peter took part in the real thing all them years ago.

We are all so proud of you Peter and the many, many brothers in arms who were with you at those landings making a start to free the world and bring peace to so many countries.

We salute you Peter, those who were with you and all of the fallen.... God Bless you all, we are forever thankful.

The Prime Minister handed the commemorative torch to navy seaman D-Day veteran Peter Kent, 99, at the ceremony.



I speak with Peter Hewitt several times a week and there isn't anything that I can normally say about him, we both love a game of golf. Peter's eyes have been deteriorating over quiet a few years due to cataracts, probably something that will come to us all as we age.

He had been waiting for the NHS to contact him to make an appointment to have them removed, waiting for over a year, but eventually Pete had got fed up and decided to go private..... not cheap, it didn't take too long to get him booked in and prepared for the op. In he goes, operation goes well and Peter is sent home with antibiotic and protein eye drops, all done he goes to bed. In the morning he realises that something is wrong, he wakes up as normal in a darkened room, he gets up and he makes his way to the bathroom when he realises he is totally blind in his left eye.

Apparently, his eye had an adverse reaction with the eye drops.

His surgeon obviously asked him to come straight back and the surgeon will meet him at the surgery, it was a Saturday. Of course, Peter, very concerned, met up with the surgeon.

He has been backwards and forwards to the venue and now (thank God) progress is being made, he has his eyesight back but his vision, not being what he expected, is getting back to normal.

Peter was obviously in fear for his eyesight and it all seems to be working for him now but not perfect yet!

Keep going Pete, you'll be out playing golf soon, might even help your game... joking, Get well soon mate.



Dougie



Peter

And then we have Dougie, he has been in hospital to have some veins widened in his legs, would you believe a balloon attached to a wire was inserted into the offending veins and pumped up moving up and down his vein.

This should now ease the pain and stiffness to his leg, he is having the other leg done in two months. Amazing!!!

Looks like you will be back on the course sooner than expected Doug, stay safe mate. I have just heard from Dougie and unfortunately owing to the doctors telling him he cannot continue taking his blood thinners 2 or 3 days before his op, he suffered a stroke, but fingers crossed, the quick reaction of his wife Barbera calling an ambulance has saved him, he should make a full recovery, he sounded a little bit different but coherent.

Get well soon Doug.... We need you on the golf course.



Here is a fella that you will see at LEBA and it was only recently that I managed to talk to him and get to know this man who always appears very happy, we know him as big Al and big he is. (Tall)

Here is a short story about Alan, nice man.

Al Groves is a London based actor living in South London and an avid boxing fan. Introduced into boxing at a very young age by his Royal Navy father, who used to take him to Inter-Service Tournaments. Al remembers as a boy clustered around the radio in the early hours of the morning listening to Clay v Liston first fight.

After a stint in the Military, then the London Underground, Al settled into the Construction Industry.

15 years ago becoming disillusioned with being out in all weathers, a chance meeting with a friend who was attending an acting audition, led to a change of career. Al enthusiastically threw himself into Acting Workshops for months to hone his skills. He has appeared in films, music videos and several appearances in Holby City. Also appeared in several episodes of East Enders meeting on set many times our LEBA member Harry Holland.

We will get more on Alan later and put it in Seconds Out.... Say hello to him, he is very amicable.

On our August meeting I am pleased to let you know that Ronnie Shillingford will be accompanying Maurice Hope to our meeting where they will give all attending members the opportunity to purchase a signed copy of Maurices book "Land of Hope and Glory" and what a book it looks to be.

Both Ronnie and Maurice will be launching the book at Worldwide Signings in Romford on June 15th and they will come down to LEBA to conduct the same for us. So, you can buy a book and take a picture as proof of authentication as well.



We wish you all the best with your book Maurice and you too Ronnie, good luck to the pair of you.

I thought I would give the Wynn family a call as I hadn't spoke to them for some time, so I called Tina, Charlie's Mum.

She had a rapid loss of weight since Christmas just gone and decided she should get checked out by the doctor, thankfully there were no problems but she was in pain with her back, it was decided she should have a blood transfusion, I cannot tell you why, I think it came from conversation and diagnosis's made.

Transfusion done and she is making slow progress. His Dad Ian sounded well in the background.

Tina tells me that Charlie is doing well and responding confidently to physio treatment, he has to travel to be able to get the treatment but they are managing I am pleased to say.

His Fisher club mates, friends and family are still organising and participating in charity runs to support Charlie and I think it is led by Danny Carr, super featherweight unbeaten fighter and an ex Fisher boy, there are many others as you will see in the picture below.

We are all calling on here Charlie so keep going mate as I know you will.



Above you will see the team that are back in training for Charlie with details of their next run on the left, Charlie with his Physio, then we have Eddie Hearn running for the Wynn Foundation and then the mission poster.

The run is for the 2nd June, late I know but this is how hard they are working to support Charlie and if you want to join them let me know and I can put you on their contact list.

LEBA wish you all well fellas.

And thank you again to all you very supportive members, we are in our new venue and we must make it work, with all of your work and the committee it will be the place to meet. Next meeting 7th July. Keep safe.

ACKNOWLEDGMENTS & DONATIONS

Raffle Donations

Gill Powell, Barbara O'Sullivan, Pat Gavin
Danny Williams, Michael Lordan, George Masters
George Masters, Ray Caulfield & P.J Rowson

DONATIONS

Patsy and Tommy Barrett

Contributions to May Seconds Out

Bob Cheeseman, Dean Fardell, Simon Euan-Smith
Kirsty Nisbet & Michael Lordan



Date of Next Meeting – 7th July 2024

John Conteh Tribute Lunch – 20th October 2024

June Birthdays

1st JAMES WISE 2nd RON RUSSELL, STEVEN FRANKLIN 4th HARRY RUDGE
MELANIE LLOYD 5th ROBERT BICKERS 7th MICK WILLIAMS
8th EDDIE HEARN 9th ALBERT CARROLL 10th CHARLIE MONKSFIELD
JON PEGG 13th GERAINT RICHARDS 14th DEREK ROWE, JASON WALKER
16th TOM BALLINGER, PHILIP WATFORD 19th BARRY HEARN,
WILLIAM HUDSON 20th FRANK HEWITT, MICHAELBROOKS
21st MICK ROONEY 22nd TONY RABBETTS BILLY (SNR) SCHWER,
SIMON FOREY 23rd LEONCARTER 26th STAN WHITE CHRIS MURDOCH
27th MARK SHANNON DANIEL FROST, 28th THOMAS REID

Ray Cattouse



Ray Cattouse former Southern Area and British Lightweight Champion

Ray from Balham in South London had a stellar career as an amateur and turned Pro in 1975 and was managed by Terry Lawless. He lost his debut fight on points to Barton McAllister but went on to win his next 18 fights earning him a shot at the Southern Area Lightweight which he won, and the fight was also an eliminator for the British Title

In March 1980 Ray fought Dave McCabe for the British Lightweight Title and stopped him in the 8th round to become the British Champion and a year later defended it against McCabe this time stopping him in the 15th round

Ray challenged Giuseppe Gibilisco for his European Title in 1982, in Italy and it was a great fight which had it been in the UK Ray would have won by a "Country Mile" but it was in Italy and the decision was a draw!!!!

Later that year Ray made the second defence of his British Title against George Feeney but unfortunately was stopped in the 14th round only the second defeat of his Pro career and he was ahead on points going into the 14th round. The fight was celebrated as the "Fight of the Year".

Ray Cattouse – Fight Record

Total Fights	Wins	Wins by KO	Draws	Losses
31	26	11	3	2

In the annals of British Boxing, few names resonate with the echo of perseverance and triumph like Ray Cattouse. Born on 24th July 1952 in Balham Ray's journey from a local hopeful to a national champion encapsulates the spirit of a bygone era in our sport. His career, marked by a blend of skill, determination, and an indomitable will, has left an indelible mark on the British Lightweight division, a testament to Ray's heart and the respect he commanded from fans, his opponents and the Peers of British Boxing

Sadly, he passed away peacefully in his sleep on May 15th after an illness, our condolences to his family, friends and his long-term partner Shirley.
Rest in Peace Champ.